

Starter Question: What tempts you?

- 1. Read Psalm 141:1-2**
- 2. In your opinion, what is difficult about surrendering your life to God?**
- 3. Read Psalm 141:3-4**
- 4. Do you know someone whose words or social media posts reveal their heart? Describe their heart based on their words.**
- 5. Jesus taught us to pray – “Deliver us from evil.” How would changing your heart deliver you from evil?**
- 6. Read Psalm 141:5.**
- 7. Please tell about a time when a friend told you the last 10% about a temptation. How did that make you feel? Was your friend right?**
- 8. Read Psalm 141:6-7**
- 9. Think about the end of your story. What do you want the end of that story to be?**
- 10. Read Psalm 141:8-10**

Focus determines direction and destination. What can you practically do to focus on Jesus?