

July 18/19, 2021 ADBC

How to Live: In Control

1 Thessalonians 4:3-8

Transition Scripture

1 Thessalonians 4:3-8 - ³ It is God's will that you should be sanctified: that you should avoid sexual immorality; ⁴ that each of you should learn to control your own body in a way that is holy and honorable, ⁵ not in passionate lust like the pagans, who do not know God; ⁶ and that in this matter no one should wrong or take advantage of a brother or sister. The Lord will punish all those who commit such sins, as we told you and warned you before. ⁷ For God did not call us to be impure, but to live a holy life. ⁸ Therefore, anyone who rejects this instruction does not reject a human being but God, the very God who gives you his Holy Spirit.

Group Discussion Questions

Starter: Do you know someone who struggles with sexual sin? What is his/her life like?

Go Deeper

1. Read 1 Thessalonians 4:3-8
2. What comes to mind when you hear the word "holy?" Is it positive or negative? Why?
3. How would you advise a friend on how to control their sexual appetites?
4. In your opinion, do most people value their bodies as something sacred, special, or unique? Why or why not?
5. In your opinion, why do people want to keep God out of their sex lives?
6. Based on these verses, what encouragement would you give to a person who is struggling with sexual sin?