

- **May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit. – Romans 15:13.**
- **Hope Happens when God works**
- **And hope does not put us to shame...**
- **Guilt is awareness you have done wrong; shame is feeling unworthy**
- **Is there a shame message you need to delete?**
- **“Heavenly Father, I feel unworthy of love and I know that is not how you feel about me. Change my thinking and feeling.”**
- **<sup>5</sup> And hope does not put us to shame, because God’s love has been poured out into our hearts...**
- **PIX**
- **God is patient**
- **God is kind.**
- **God does not envy**
- **God does not boast**
- **God is not proud**
- **God does not dishonor others**
- **God is not self-seeking**
- **God is not easily angered**
- **God keeps no record of wrongs**
- **God does not delight in evil but rejoices with the truth**
- **God always protects**
- **God always trusts**
- **God always hopes**
- **God always perseveres**
- **God never fails**
- **How deep the Father's love for us  
How vast beyond all measure  
That He should give His only Son  
To make a wretch His treasure**
- **God’s love has been poured out into our hearts through the Holy Spirit, who has been given to us.**
- **Heavenly Father, make me aware of the Holy Spirit’s work in my life.**
- **Heavenly Father, I want to receive all the love you have for me, so I can live in hope.**

**Starter:** Describe a time in your life you felt most loved.

**Dig Deeper:**

1. Read Romans 5:5
2. Are there shame messages that you need to delete from your life? What are they?
3. Read 1 Corinthians 13:4-8a.

4. Substitute the word "God" for the word "love." Which picture of God's love (for example: love/God is patient) do you need to meditate on most today?
5. What keeps you from being aware of the work of the Holy Spirit in your life?
6. What is the most recent way you have seen the Holy Spirit work in your life?