

Make or Break: Listen v. Judge

Matthew 7:1-6 - “Do not judge, or you too will be judged. ² For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you.

³ “Why do you look at the speck of sawdust in your brother’s eye and pay no attention to the plank in your own eye? ⁴ How can you say to your brother, ‘Let me take the speck out of your eye,’ when all the time there is a plank in your own eye? ⁵ You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother’s eye.

⁶ “Do not give dogs what is sacred; do not throw your pearls to pigs. If you do, they may trample them under their feet, and turn and tear you to pieces.

Points

- When it comes to relationships, You are responsible for you.
- A healthy relationship with God teaches you how to have healthy relationships.
- Matthew 6:33 – Seek first his Kingdom and his righteousness and all these things will be given to you as well.
- Do not be a critic.
- ‘For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you.’
- Before you judge, listen and understand.
- A critic never has a healthy relationship.
- Be self-aware.
- ³ “Why do you look at the speck of sawdust in your brother’s eye and pay no attention to the plank in your own eye? ⁴ How can you say to your brother, ‘Let me take the speck out of your eye,’ when all the time there is a plank in your own eye? ⁵ You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother’s eye.
- “Why?”
- Psalm 139:23 – “Search me, O God, and know my heart; test me and know my anxious thoughts.”
- Without self- awareness, relationships never find health
- Guard what is sacred.
- ⁶ “Do not give dogs what is sacred; do not throw your pearls to pigs. If you do, they may trample them under their feet, and turn and tear you to pieces.
- Hold your boundaries.
- Don’t throw away the holy sacrifice of Jesus.

Discussion Questions

Starter: Is there someone in your life who is a constant critic? How do you feel about that person?

Go Deeper

1. Read Matthew 7:1-6
2. For you, what is the hard about not judging or criticizing people?
3. How would advise someone to stop being a critic? What steps should they take?
4. In your opinion, what keeps people from being self-aware? What could they do to become more self-aware?
5. Have you ever pretended to be better than you really are? What does that feel like? What would happen if you no longer had to pretend?
6. Is it hard or easy for you to hold a boundary? How do you guard the sacred work of Jesus in your life?